## MONEY MATTERS 2023: UL SYSTEM FINANCIAL WELLNESS SERIES

**SESSION #10:** 

FINANCIAL PLANNING FOR VETERANS



**JULY 18, 2023** 



# Brian Bolton Professor of Finance brian.bolton@louisiana.edu

http://business.louisiana.edu/financeispersonal



B.I. Moody III College of Business Administration

#### **OWNING YOUR FINANCIAL FUTURE**

ADULTS RETURNING TO FINISH A DEGREE:
FINANCIAL & OTHER
CONCERNS

**JUNE 6, 2023** 

FAMILY FINANCIAL
PLANNING: SENDING
YOUR LOVED-ONES OFF
TO COLLEGE

**JUNE 27, 2023** 

FINANCIAL PLANNING
WHEN RETIREMENT IS
GETTING CLOSE
(5-7 YEARS OUT)

JULY 19, 2023 \*\*\*

FINANCIAL PLANNING FOR GRADUATE STUDENTS

**JUNE 7, 2023** 

FAMILY FINANCIAL
PLANNING: CARING FOR
ADULT DEPENDENTS

**JUNE 28, 2023** 

THE FINANCIAL ASPECTS
OF YOUR SIDEHUSTLE #2 – TAXES,
PROFITABILITY,
EXPANSION, SUCCESS

**JULY 25, 2023** 

FINANCIAL & TAX
PLANNING FOR
INTERNATIONAL
STUDENTS

**JUNE 8, 2023** 

CHANGING CAREERS: THE FINANCIAL & PERSONAL ISSUES

**JULY 13, 2023** 

FINANCIAL PLANNING FOR THE FUN STUFF: VACATIONS, HOME IMPROVEMENTS, NEW VEHICLES

**JUNE 26, 2023** 

THE FINANCIAL ASPECTS
OF YOUR SIDEHUSTLE #1 – PLANNING,
STRATEGIES, LEGAL,
RESOURCES

**JUNE 20, 2023** 

BUILDING SAVINGS
ACCOUNTS & EMERGENCY
FUNDS

**JULY 14, 2023** 

**INVESTING 101** 

**AUGUST 1, 2023** 

FAMILY FINANCIAL
PLANNING: MAKING
FINANCES WORK FOR THE
WHOLE FAMILY

**JUNE 23, 2023** 

FINANCIAL PLANNING FOR VETERANS

JULY 18, 2023 \*\*\*

Navigating the Impacts of Inflation & Turbulent Economic Times

AUGUST 2, 2023



MOST SESSIONS ARE FROM 12:00-1:00PM \*\*\* SESSIONS ON JULY 18, 19 ARE FROM 3:00-4:00PM.



# WHY IS FINANCIAL PLANNING SO IMPORTANT FOR VETERANS?

#### LET'S BEGIN WITH 3 BIG REASONS:

- 1. You have more unique benefits and cash flow streams than most civilians.
- 2. You may not have had to worry as much about money while in active service...so things may be new to you.
  - 3. Transitioning from active duty to civilian is not always an easy transition. And we never want money issues to add to those challenges (or to become your biggest challenges).

FOR YOUR FUTURE. FOR OUR FUTURE.



### Happiness **Short-Term** Long-Term Goals Goals **Family Financial Needs** Needs





#### 3 OPENING MORALS

Personal Finance is...personal.

It's about you and not about anyone else. You have to make it about you and your goals.





#### 3 OPENING MORALS

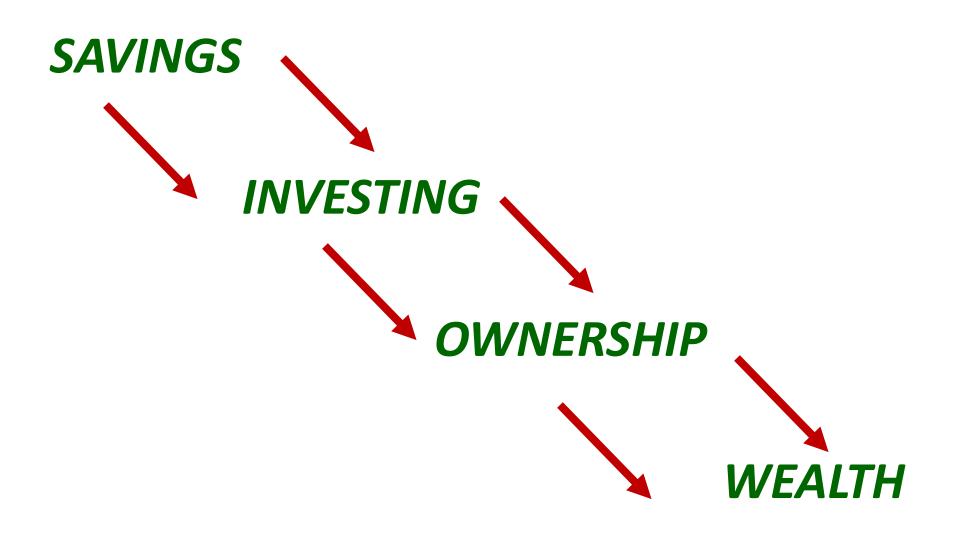
Because personal finance is personal, it is virtually impossible for me to give you any specific advice.

However, there is one word of advice that applies to 99% of people working on their finances:













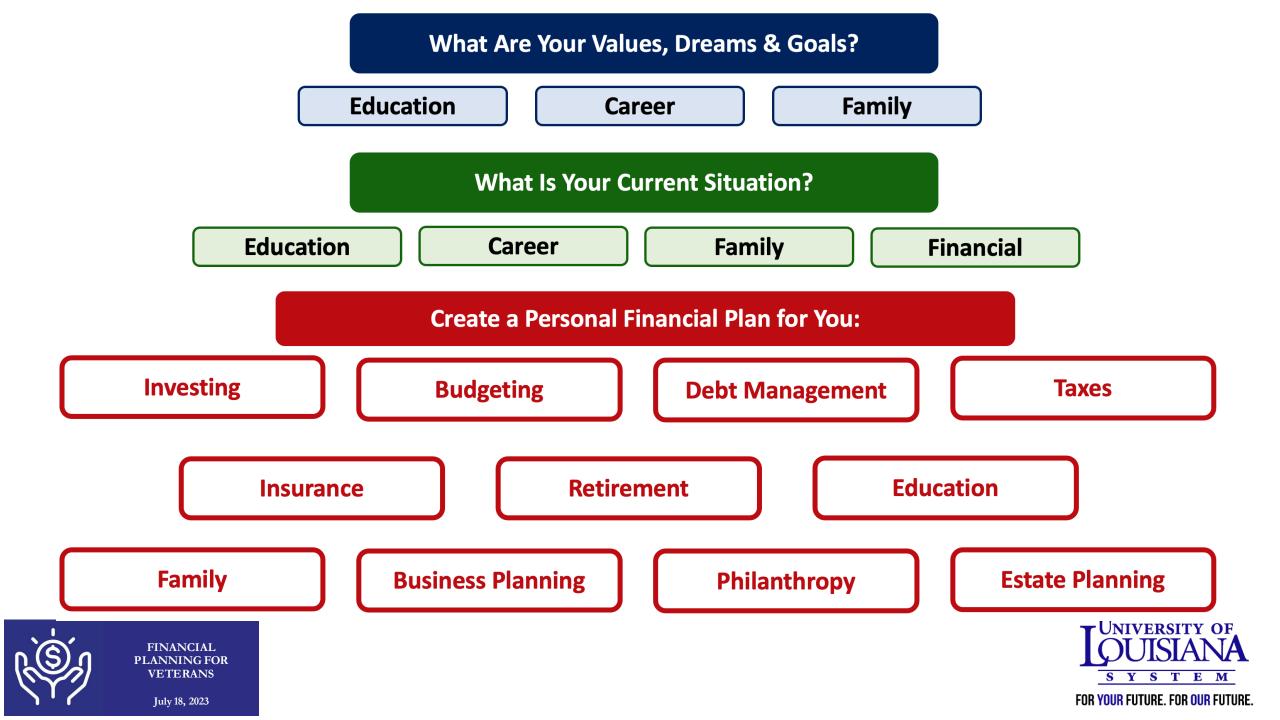
#### 3 OPENING MORALS

Financial Planning for Veterans....is 90% the same as Financial Planning for Civilians.

That 10% difference relates to unique opportunities and unique words of caution.

We will touch on both the 90% and the 10% today.

FOR YOUR FUTURE. FOR OUR FUTURE.



ONCE EVERY 3 MONTHS:
TRACK EVERY PENNY
THAT YOU SPEND &
TRACK EVERY PENNY
THAT YOU EARN

IN THE NEXT 3 MONTHS:
IDENTIFY WAYS TO
DECREASE YOUR
DISCRETIONARY
SPENDING BY 25%

IN THE NEXT 6 MONTHS:

MAKE A PLAN TO

MANAGE – AND PAY OFF

– YOUR DEBT

IN THE NEXT 6-12

MONTHS:
OPEN MULTIPLE
SAVINGS ACCOUNTS, 1
FOR EACH GOAL

IN THE NEXT 12 MONTHS,
OPEN AN IRA OR ROTH IRA

WITHIN THE NEXT 2 YEARS:
HAVE AN "EMERGENCY
FUND" ACCOUNT, WITH 3-6
MONTHS OF NONDISCRETIONARY EXPENSES

WITHIN 3 YEARS OF GRADUATION: ELIMINATE ALL OF YOUR BAD DEBT.





#### IN THE NEXT 6 MONTHS:

IDENTIFY ALL OF YOUR MILITARY BENEFITS – Such as money for education, insurance benefits and discounts, preferred rates on mortgages, car loans and credit cards.

THE U.S. DEPARTMENT OF VETERANS AFFAIRS IS PROBABLY THE FIRST PLACE TO CONTACT...AND THEY CAN PUT IN YOU TOUCH WITH OTHER ORGANIZATIONS, AS NECESSARY.

ALWAYS GO THROUGH OFFICIAL ORGANIZATIONS.

YOU HAVE UNIQUE BENEFITS...WHICH MEANS
YOU CAN BECOME A UNIQUE TARGET FOR
SCAMS OR OTHER SCHEMES.





Whenever anyone calls you, texts you or sends you an email telling you about all of the amazing benefits you are eligible for...be suspicious.

Official organizations may send you a letter or even an email. But do not click on those emails. And do not give out any personal information to solicitors over the phone.

Always do your own research and go directly to the official websites before providing any personal information.





#### THE 3 FINANCIAL PLANNING PRIORITIES

PRIORITY 1	PRIORITY 2	PRIORITY 3
Risk Management of Personal, Property & Liability Risks	Short-Term Savings & Investments and Debt Management	Long-Term Savings & Investment
Evaluate the need for and quality of personal insurance.	Evaluate the adequacy of:	Evaluate the adequacy of progress towards:
<ol> <li>Life Insurance</li> <li>Health insurance</li> <li>Disability insurance</li> <li>Long-Term Care insurance</li> <li>Property Insurance</li> <li>➤ Homeowner's Insurance</li> <li>➤ Auto Insurance</li> </ol>	<ol> <li>Your emergency fund.</li> <li>The proportion of income spent on housing</li> <li>The proportion of income spent on housing and other-than-housing debts</li> </ol>	<ol> <li>Your retirement goals.</li> <li>➤ Your savings rate</li> <li>➤ Investment assets</li> <li>Your education funding goals for Jack, Jill &amp; Jane</li> <li>Any large puchase goals</li> <li>Any legacy goals</li> </ol>
<ul><li>➤ Other property insurance</li><li>6. Liability insurance</li></ul>		





#1

Prepare a reasonable and thorough budget.

This begins with identifying all of your expenses – both non-discretionary and discretionary.

Analyze your budget and think about values, behaviors, goals. Think about how you can reduce the expenses in your budget.





#2

Prepare an inventory of all financial and other benefits available to you.

Education – GI Bill

Health Care – VA Medical Benefits, SSDI, Tricare

Loan Benefits – VA Home Loan Programs

Life Insurance – Servicemembers' Group Life Insurance

Retirement – Several different pension and defined contribution plans





#3

Make sure you have all of the health insurance you need and you are eligible for.

The VA may provide the best coverage for you and your family...but it may not. You may need private coverage, that may come with government discounts. Do your research. Do NOT assume that you only have 1 choice or that that 1 choice is best for you.





#4

If you have a hobby, side-hustle or active business, make sure you create a legal business entity.

Creating an LLC – limited liability company – or a corporation will take you about 2 hours and between \$200 and \$500 (depending on your industry)...but that effort will save you from enormous potential liability in the future.





#5

Prepare a last will and testament.

Prepare a living will (for medical decisions during life).

Either of the above will start at about \$300 with an online service, and could go as high as \$2000 with a local attorney. But the peace of mind can be priceless.

Make sure you have beneficiaries identified for all your benefits, policies and accounts.





#6

Check your credit report.

Check your credit score.

Your credit history has probably not been as smooth and consistent as most civilians. This may confuse the credit agencies...and this may result in lower credit scores than you deserve.

Or, maybe you have earned a low credit score. That's fine. Now just begin the process of improving your credit score so that your budget will not be held hostage by high interest rates in the future.

The key to improving your credit score is to make all payments on time. After that, the score will improve naturally.





#7

Be patient.

And do your research.

All of the benefits you have earned do come with a small cost: paperwork and bureaucracy.

It can be extremely frustrating to navigate the system and to learn what you are entitled to and what you need to do to get your benefits. Let's assume that this bureaucracy is in place to protect you from frauds. Be patient, take your time and be diligent.





#8

Consider saving for retirement on your own.

While you do have unique benefits that most civilians do not have, some of these benefits can have relatively low payout promises...payments that may not be enough to support you and your family in the future.

If you have the means, you should be able to contribute to a tax-preferred thrift savings plan (like a 401(k)) or other defined contribution plan with the VA. You can also certainly have an Individual Retirement Account or Roth IRA on your own.

FOR YOUR FUTURE. FOR OUR FUTURE.

#9

Understand your tax responsibilities and obligations.

Because your income sources and streams may be more diverse than most civilians, your tax responsibilities will be more complex.





#9

Understand your tax responsibilities and obligations.

Some of your income might be tax-free at both the state and federal levels. You might even get property and vehicle tax benefits. Retirement pay is probably taxable (at the federal level, possibly at the state level). Disability benefits are probably tax free. Life insurance proceeds are probably tax-free.

Note that this gets complex very quickly, given the different benefits.

Also note that how long you served may make this even more complex very quickly. Also note that the tax rules are different for active-duty military...so do not assume that the tax processes are the same for active-duty and for veterans.



Spending \$300 to spend a few hours with a tax accountant or consultant to fully understand your situation may be \$300 well-spent.



#10

Never stop investing in yourself.

You have access to education benefits — use them!

You have access to discounted home and business loans — use them.

While you were active duty, the military invested in you - to serve the military's needs and purposes. You made our country better. And the military probably made you better in many ways. Now that you are a veteran, the military system is not going to be looking out for you nearly as much. The investment opportunities may exist, but you have to go get them.



Now go make your post-active duty life better in the same way that you made our country better during your active service.



#11 - BONUS!

Never lose connections with your military community.

Few people have deeper connections and more shared experiences than veterans. Your military sisters and brothers have been through what you have been through.

Use them for your life support system.

Use them for your financial planning support system.



Use them for friendship.



#### 3 FINAL PIECES OF ADVICE

#### 1. DO YOUR RESEARCH

(because nobody else is going to do it for you).

#### 2. PROTECT YOURSELF, YOUR FAMILY & YOUR BENEFITS

(because many scam artists would love to take what you have)

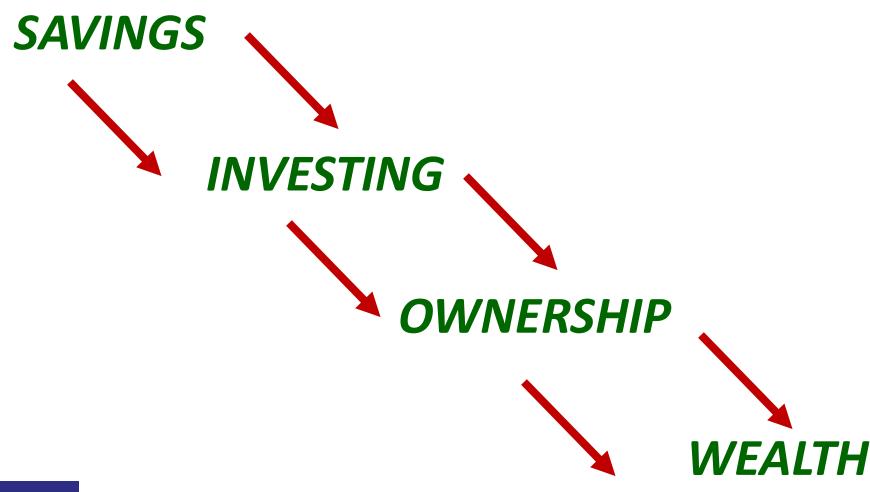
#### 3. NEVER STOP GROWING, ADVANCING & INVESTING IN YOURSELF

(because you know how to do this better than anyone)



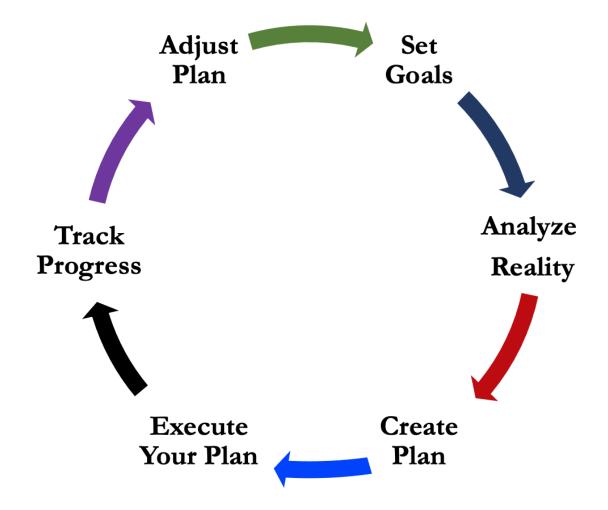


### **A Few Opening Morals**









- 1. Set your goals. What do you want to achieve in life? What financial goals will make this happen?
- 2. Analyze your reality. What is your situation? What is your income? What are your expenses? When can you achieve your goals?
- 3. Create your plan. Focus on the short-term the next 3-6 months and the long-term the next 1, 2, 5 and 10 years.
- 4. Execute your plan. Work to decrease your expenses. and to pay off debt. Work to increase your income and your savings.
- 5. Track your progress. How are you doing? Are you ahead of your goals? Are you behind your goals?
- 6. Adjust your plan to reflect your progress, your new reality and any new goals.
- 7. Repeat. Revise. Enjoy.





A goal without a plan is just a dream.

### **Financial** Wellness

Wealth is largely the result of habit.

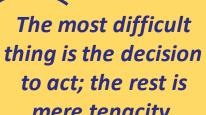
to act; the rest is mere tenacity.

It takes as much energy to plan as it does to wish.

You cannot escape the responsibility of tomorrow by avoiding it today.







#### **ABOVE ALL...**

# THANK YOU FOR YOUR SERVICE THANK YOU FOR YOUR SACRIFICE THANK YOU FOR BEING YOU





#### **OWNING YOUR FINANCIAL FUTURE**

ADULTS RETURNING TO FINISH A DEGREE:
FINANCIAL & OTHER
CONCERNS

**JUNE 6, 2023** 

FAMILY FINANCIAL
PLANNING: SENDING
YOUR LOVED-ONES OFF
TO COLLEGE

**JUNE 27, 2023** 

FINANCIAL PLANNING
WHEN RETIREMENT IS
GETTING CLOSE
(5-7 YEARS OUT)

JULY 19, 2023 3:00pm \*\*\* FINANCIAL PLANNING FOR GRADUATE STUDENTS

**JUNE 7, 2023** 

FAMILY FINANCIAL
PLANNING: CARING FOR
ADULT DEPENDENTS

**JUNE 28, 2023** 

THE FINANCIAL ASPECTS
OF YOUR SIDEHUSTLE #2 – TAXES,
PROFITABILITY,
EXPANSION, SUCCESS

**JULY 25, 2023** 

FINANCIAL & TAX
PLANNING FOR
INTERNATIONAL
STUDENTS

**JUNE 8, 2023** 

CHANGING CAREERS: THE FINANCIAL & PERSONAL ISSUES

**JULY 13, 2023** 

FINANCIAL PLANNING FOR THE FUN STUFF: VACATIONS, HOME IMPROVEMENTS, NEW VEHICLES

**JUNE 26, 2023** 

THE FINANCIAL ASPECTS
OF YOUR SIDEHUSTLE #1 — PLANNING,
STRATEGIES, LEGAL,
RESOURCES

**JUNE 20, 2023** 

BUILDING SAVINGS
ACCOUNTS & EMERGENCY
FUNDS

**JULY 14, 2023** 

**INVESTING 101** 

**AUGUST 1, 2023** 

FAMILY FINANCIAL
PLANNING: MAKING
FINANCES WORK FOR THE
WHOLE FAMILY

**JUNE 23, 2023** 

FINANCIAL PLANNING FOR VETERANS

**JULY 18, 2023** 

Navigating the Impacts of Inflation & Turbulent Economic Times

AUGUST 2, 2023







# Brian Bolton Professor of Finance brian.bolton@louisiana.edu

http://business.louisiana.edu/financeispersonal



B.I. Moody III College of Business Administration